



S.WEST OPEN TAEKWON-DO CHAMPIONSHIPS 2024

Sunday 12th May 2024

Doors Open 8.45am Competition Start 9.15am

Itinerary

The Competition will commence at 9.15am. The order of events is planned as follows:

(These are subject to change on the day).

Adults & Seniors will be followed by Cadets then Juniors , Lowest Grade through to Highest

Black Belt Patterns

Black Belt Sparring

Black Belt Power

Cadet High Kicking and Long Kick will also take place at the same time.

Cadets then Juniors will be followed by Adults & seniors , Lowest Grade through to Highest

Colour Belt Patterns

Colour Belt Sparring

Colour Belt Power

1st 2nd & 3rd place winners will receive Gold, Silver & Bronze medals respectively.

Please note it maybe necessary to amalgamate divisions if there are insufficient competitors in those divisions.

All Competitors should listen for their category to be called and attend the ring immediately.

Refreshments are available at the Leisure Centre café. A selection of items including Hoodies, T Shirts, key rings etc and photographs will be on sale.

Thank you for attending our competition and may we wish you all a successful day.