

# The South West Open Championship



Sunday 12th May 2024  
Torbay Leisure Centre, Paignton, TQ4 5JR

Doors open 8:45 AM

Entry Fee : £30 (spectators free)

Starts at 9:15 AM

Closing date : Wed 8th May 2024

Name:

Age:

Male/female:

Instructor:

Grade:

Club:

**Category (please circle)**

Little Dragon

Cadets

Junior

Adult

Senior

(4-7 yrs)

(7-13 yrs)

(14-17 yrs)

(18-35 yrs)

(36 yrs +)

**Events (please circle)**

High Kick

Flying Kick

Patterns

Sparring

Power Breaking

LDs & Cadets only

(14 yrs minimum)

**For those SPARRING**

Cadet (7-13 yrs):

Height & Weight ..... (cm) ..... (kg)

JUNIOR/ADULT/SENIOR

Weight ..... (kg)

By signing below you are declaring that you are fit to compete, and are without injury. Anyone who has suffered suspected concussion within 3 months of the event date MUST HAVE a doctor's note in order to enter. 1st, 2nd & 3rd place medals will be awarded in all categories where appropriate. I am aware that participation in the event is entirely at my own risk & I am responsible for arranging my own insurance. Sparring kit must meet BTC/ITF rules and standards. (closed fingered gloves) The judges' decisions are final.

Signed .....(competitor, parent/carer if competitor is under 18 or vulnerable)

Instructor approval .....

Date .....